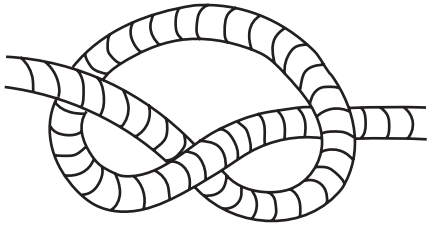
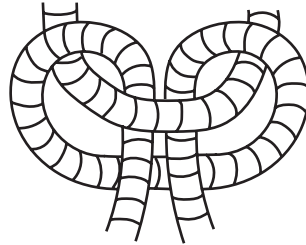


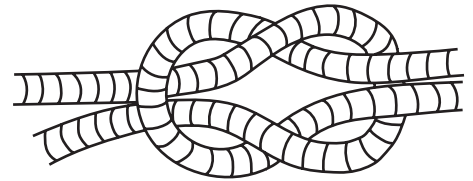
KNOW YOUR KNOTS



Overhand knot - this is a very secure knot, and is often used to stop the end of a rope from fraying.



Lark's head knot - this is the knot you use to attach a rope to an object.



Square knot - this is usually used for tying up bandages or parcels.

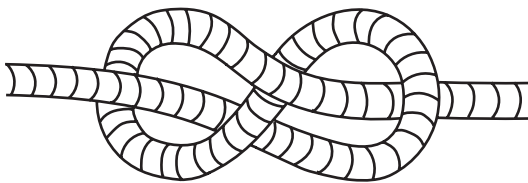
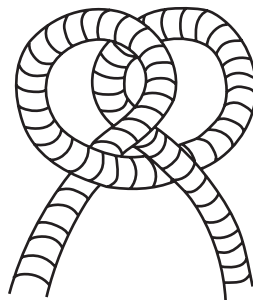
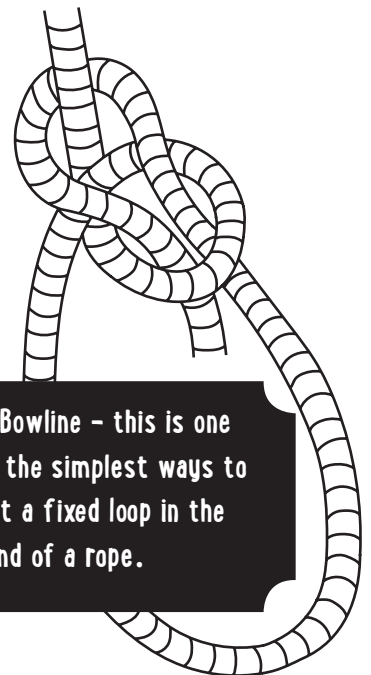


Figure of eight knot - this is a stopper knot, used a lot in climbing and sailing.



Clove hitch - this is a fairly simple knot that can be useful for securing ropes to trees, posts, or other things that stand upright.



Bowline - this is one of the simplest ways to put a fixed loop in the end of a rope.

A cord of three strands is not quickly broken.

Ecclesiastes 4:12b